

# STAR OF THE VALLEY Catholic Church

495 White Oak Drive  
Santa Rosa, CA 95409

We members of Star of the Valley Parish gather around the central act of Catholic worship, the celebration of active participation in the Mass. As a Eucharistic centered people, we reach out to heal, console and listen in the spirit of truth and justice, with a preferential option for the poor, thus advancing as individuals and as a community into the image of Christ.

## Pastoral Staff

Rev. Msgr. James Pulskamp, Pastor

## Contact Numbers

Parish Office Phone: 707-539-6262

Answering service when the Office is closed.

E-mail: [sov@sonic.net](mailto:sov@sonic.net)

Website: [www.starofthevalley.org](http://www.starofthevalley.org)

## Parish Office Hours

Monday–Friday, 8:30 a.m.-2:30 p.m.

Located in the Msgr. Fahey Parish Center  
495 White Oak Drive, Santa Rosa, CA 95409-5939\*

\*This is the church and parish's mailing address.

Sharon A. Charlton, Office Manager

Anna Jean, Administrative Assistant

## Welcome New Parishioners

Please sign the Newcomers Register next to the side door in the back of the Church.

## Mass Times

Weekday Masses: Tuesday-Friday 8:00 a.m.

Oakmont Gardens: Wednesday 10:30 a.m.

Sunday Masses:

Saturday 4:00 p.m. Vigil, Sunday 10:00 a.m.

## Sacrament of Reconciliation

Saturday from 3:00-3:30 p.m. and by appointment

## Anointing of the Sick

For appointment, email or leave a message in the office for Anointing of the Sick by a Priest when someone is hospitalized or homebound.

## Ministry to the Sick & Homebound

Call the office to arrange visits by a Eucharistic Minister for Holy Communion when someone is homebound.



## March 8/9, 2025—First Sunday of Lent

ONE DOES  
NOT LIVE  
ON BREAD  
ALONE. 🍞

### Profession of Faith

As we enter into the season of Lent, today's scriptures focus our attention on our own choice to place our trust in God. They help the elect prepare to profess their faith in Jesus Christ and be baptized at the Easter

Vigil. They remind the rest of us of the faith we once professed in baptism and invite us to choose wholeheartedly to renew those baptismal promises at the Masses of Easter.

Today's first reading is considered one of the most important professions of faith in the Hebrew Bible. By ritually reciting their history, the Jewish people expressed their faith in one God who oversees all of human history and who will continue to gather, save, and sustain every new generation of the Chosen People. The reading from Paul's letter to the Romans shows that the heart of the Christian profession of faith is trust in the Lordship of the risen Christ, source of all salvation. The Gospel contains the familiar story of the temptation of Jesus by the devil, the setting for Jesus' threefold profession of faith and trust in God.

### Day By Day

At Easter, throughout Lent, and every day of our lives we are to profess and live our faith that "Jesus is Lord." Both Moses and Jesus tell us that we are to serve God alone. God chooses us as adopted children in baptism. Day by day we must choose to trust in God to save us, as Jesus did in the desert. During Lent God asks us to scrutinize every choice we make, so that at Easter we can truthfully "confess with our mouth that Jesus is Lord." With those who have chosen to be baptized this Easter, we must choose to put our faith in God rather than material goods, power, or any other devilish temptation.



**Sunday, March 8/9, 2025**

**First Sunday of Lent**

**Reading I:** *Deuteronomy 26:4-10*—

The Lenten fast, like the Exodus, leads to a land flowing with milk and honey.

**Responsorial:** *Psalm 91*—Be with me,

Lord, when I am in trouble.

**Reading II:** *Romans 10:8-13*—The journey of faith is open to all.

**Gospel:** *Luke 4:1-13*—The fast can be a sign that we live on more than bread.



**Daylight Savings Time Begins March 9**

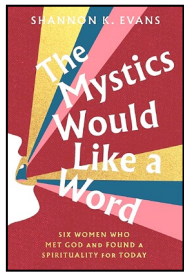
Turn your *clocks forward one hour before going to bed on Saturday, March 8.*

**Oops, I Missed Mass**

Sacrament of Reconciliation: Saturdays, 3-3:30 p.m. in the church, or by appointment.

**Dig A Little Deeper This Lent**

If practicing our religion is easy, we're not practicing our religion. This is one valuable lesson we glean from the time Jesus spends in the desert. Challenges to spiritual discipline are many: the desire for creature comforts, the hunger to be admired, the quest for control. Engaging this 40-day exercise each year strengthens the will and purifies the heart. It enables us to prepare for the real temptations that life offers. Is my prayer vital? Have I grown self-indulgent? Is my hand open to others? Our Lenten practice should be a response to those probing questions.



**Spiritual Book Club**

All are invited to join in a reflection and meditation using the book *The Mystics Would Like a Word: Six Women Who Met God and Found A Spirituality for Today* by Shannon K. Evans. Read Chapter 3 and join us on Wednesday, **March 19, 10:00–11:00 a.m.** in the Quiet Room of the church.

**Point to Ponder**

Things turn out best for the people who make the best of the way things turn out. —John Wooden



**MASS INTENTIONS—MARCH 8–16**

Sat	8	4:00	† <b>Jack Luceti</b> (Linda Luceti)
Sun	9	10:00	† <b>Louis Mambretti</b> (Diana Mambretti)
Mon	10		No Mass—Pray a Rosary
Tue	11	8:00	† <b>Richard Castro</b> (Carole Kilgariff)
Wed	12	8:00	† <b>Lincoln R. McCarthy</b> (Maria McCarthy)
		10:30	O.G. <b>For the People of the Parish</b>
Thurs	13	8:00	<b>Intentions of Bunny Schmidt</b> (Joan McCormick)
Fri	14	8:00	† <b>Harvey Hoyt</b> (Maryellen Birkland)
Sat	15	4:00	† <b>Bob Waska</b> (Frances Waska)
Sun	16	10:00	† <b>Peggy O'Callaghan</b> (Bill & Terry Cutler)

Please keep the sick and those in need in your prayers: Barbara Ahluwalia, Dr. Mike Apicella, Gail Barrett, Jane Borr, Lisa Bragg, Jim Bricker, David Charlton II, Michael Curtis, Lola Danielli, Harriet Draper, Lisa Munoz Flores, Marcy Fox, Pope Francis, Rosemary Haver, Alan & Cheryl Hennessy, Millie McKay, Pat Moran, Karen O'Malley, Carol Pascoe, Merle Reuser, Magda Shelton, Bob Spaulding, Lisa Sullivan, Baby Vincent, Marilyn Warman, Adrian Wells, and Dolores Zeni. Also pray for those who have died: Harvey Hoyt.



**Annual Ministry Appeal 2025**

If you have not already pledged or donated to this year's AMA, please do so today. We are counting on you to respond generously and to give for the spiritual benefit of our brothers and sisters in Christ. Funds provided through the AMA help to bring Christ's love and hope to others. Effectively continuing His mission requires a united effort by every Catholic throughout our Diocese. To date, **\$22,008** has been contributed, bringing us to **96%** of our goal. Thank you! Please use the envelopes available in the vestibule or give online at [www.srdiocese.org](http://www.srdiocese.org).

**Prayers for Lent**

Lent is a time of prayer and reflection. It is a time to examine our lives and see what changes we can make to truly become the best version of ourselves—the best spouse, the best parent, the best friend, the best co-worker, the best follower of Jesus. Use these prayers for Lent to reflect on your life and allow God in. You may visit <https://www.dynamiccatholic.com/lent/prayers-for-lent.html#sundays> or click on this link: [Prayers for Lent](#).

**This Weekend — March 8-9**

**4:00 p.m.**

**10:00 a.m.**

<b>EMs:</b>	Jan Rosshirt
<b>Lector:</b>	Ted Rosshirt
<b>Server:</b>	Mary Kay Riccioni
<b>Greeters:</b>	Livie Brant Lisa Munoz Flores
<b>Ushers:</b>	Kathleen Beirne Tom Beirne

**Next Weekend — March 15-16**

**4:00 p.m.**

**10:00 a.m.**

Linda Luceti	Cristina Wadsworth
Connie Pearson	Karen Schraga
Connie Montague	Jim Warman
Marie Crimaldi	Cathy Hardy
Marietta Mancuso	Pete Hardy
Ed Montague	Tim Burkhard
TBD	Clarence Younger

## PARISH EVENTS—MARCH 8–15

Saturday, **March 8**, Set clocks forward one hour

Sunday, **March 9**, Daylight Saving Time begins

Wednesday, **March 12**, 3:00 Catholic Social Teaching Workshop—Msgr. Fahey Parish Center

## Weekly Collection Report

Feb 16	Feb 23	Mar 2	Weekly Goal
\$3,243	\$4,344	\$6,629	\$5,365

**Note:** The amounts consist of First collections, and Parish Repair & Maintenance gifts received during the weekend and preceding week.

## Second Collection for Neighbor-to-Neighbor

Next weekend, **March 15-16**, the second collection will be for our **Neighbor-to-Neighbor** programs. Thank you for your monetary donations as well as your contributions of grocery items that help stock our Nick's Pantry. Our pantry guests really appreciate it!

## Electronic Giving



If you would like to support our parish through electronic giving, please scan the QR code or go to our website's

**Donate Here** page:

[giving.parishsoft.com/app/](https://giving.parishsoft.com/app/)

[giving/starofthevalleychurch.](https://giving.starofthevalleychurch.com/)

▶ CHANGING THE  
**WORLD**  
through  
*Radical*  
**KINDNESS**

CHANGING THE WORLD  
THROUGH RADICAL KINDNESS!

- ▶ What does this mean?
- ▶ How can I be a part of changing the world?
- ▶ Did you know that the rights of workers, human dignity, the family as the basic

foundation of society, and protecting the environment are all part of Catholic Social Teachings? The mission and goals of Catholic Social Teachings are universal—for all faiths and beliefs.

The Star of the Valley Pastoral Council is sponsoring a three-session workshop on Catholic Social Teaching.

- ▶ Learn about the seven themes of Catholic Social Teaching and its unique history and biblical foundations.
- ▶ Learn the difference between charity and justice and how both are important responses to caring for our fellow human beings. Most importantly,
- ▶ Learn how you can make a difference and bring radical kindness to our world.

Four Star of the Valley parishioners, Len Marabella, Marcy Fox, Mike Hanlon, and Mike Apicella, will lead interactive sessions on the various facets of Catholic Social Teaching.

The sessions will be held at Star of the Valley's Monsignor Fahey Parish Center from 3:00–4:30 p.m. on the following dates: Wednesdays—**March 12, 19 and 26**, 2025. Free to attend.

Please come and become part of the movement to “change our world through radical kindness.”



# Irish Dinner

## Thursday, March 20

At the Monsignor Fahey Parish Center  
495 White Oak Drive in Oakmont

Cocktails & Hors d'oeuvres at 5:00 p.m.  
Dinner to follow at 6:00 p.m.

## Menu

Green Salad with Rolls  
Corned Beef with Mustard  
Cabbage, Guinness Carrots with Dill  
Colcannon Style Potatoes  
Dessert

## \$25 per Person

## Full Cash Bar

To reserve a seat: Mail or drop off your check payable to **SOV Men's Club** at the Parish Center.

To reserve a table for 8 (max.), please put the checks payable to **SOV Men's Club** for each person at your table in one envelope and list each name on the outside of the envelope.

*Unfortunately*, adding names *after* making the initial dinner reservation will *not* guarantee additional seats at your table.

## Seating is limited!

Seating is reserved based on the date your reservation and payment is received.

**All reservations due by March 17, 2024**

Don't wait to sign up. This event always sells out!  
Questions? Call Jim Warman, 707-230-2682.

## NEWS OUTSIDE THE PARISH

### Grief Support

Grief can surprise us at any time or place. A memory gets triggered when we see someone that looks just like our loved one, or Christmas music takes us back to the time... There is no timeline on the process of mourning, cherishing, making sense of our loss and reorienting our life without them. There is a group of people who understand and are walking that same path. Join us at Holy Spirit Church on Wednesday, **March 12** from 6:30-8:00 p.m.

We offer our love and support through fellowship, prayer, and Scripture. We also have yummy refreshments.

Blessings, Deanna and Mary, Holy Spirit Grief Team

### A Prayer Journey with the Psalms

A silent retreat for women and men led by Sr. Ingrid Clemmensen, O.P. and Ms. Anne Grycz at the Jesuit Retreat Center of Los Altos, Friday, **March 21**, 3:00 p.m. through Sunday, **March 23**, 2:00 p.m. Call 650-917-4000 for more information.

### Catholic In Recovery Retreats

Catholic in Recovery (CIR) provides hope and healing for individuals and families seeking freedom from addiction, compulsions, and unhealthy attachments. Rooted in the Sacraments and the Twelve Steps of Recovery, CIR supports everyone on their recovery journey, welcoming all into a compassionate, faith-filled community.

CIR will host retreats at Our Lady of Peace Retreat House in Beaverton, Oregon. The Men's Retreat is **March 28-30**, and the Women's Retreat is **April 11-13**. These retreats offer a chance to encounter God's healing through inspiring talks, personal testimonies, Twelve Step principles, prayer, and the Sacraments, fostering community and deeper healing.

Scott Weeman, CIR's founder, shared the program's mission on *Relevant Radio's Morning Air*. Listen to the 16-minute interview here:

<https://www.youtube.com/watch?v=uxv2UNOZwd8>.

Register online by visiting [www.catholicinrecovery.com/events](http://www.catholicinrecovery.com/events). See flyers on the bulletin board for more information.



### Are You Prepared?

Attend a free two-part workshop geared for seniors, with expert speakers, free go-bags and incentives!

Part 1, Tuesday, **March 11**, 10 a.m. - 12 noon, Part 2, Tuesday,

March 25, 10 a.m. - 12 noon at the Salvation Army Senior Center, 115 Pierce Street, Santa Rosa. [Register Here for Santa Rosa](#)

Check out our website, Emergency Prep Help, here: [www.emergencyprephelp.org/events?blm\\_aid=26593](http://www.emergencyprephelp.org/events?blm_aid=26593).



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